



LODDON HEALTHY MINDS NETWORK

Promoting and advocating for improved wellbeing and access to appropriate services for people in the Loddon Shire affected by mental health issues.

<http://loddonhealthyminds.com.au>

TERMS OF REFERENCE

Role of the Committee

The role of the committee has been captured in the Vision and Mission Statements, which are:

Our Vision

An inclusive, resilient and stigma free Loddon community with access to appropriate mental health services.

Our Mission

To promote and advocate for improved wellbeing and access to appropriate services for people in Loddon Shire affected by mental health issues.

To promote optimal mental health and reduce stigma through awareness, advocacy and education.

We do this by:

- Building an awareness about mental health issues with the general public
- educating people experiencing mental health issues and their carers about services available
- educating the community about mental health
- increasing community awareness about suicide prevention
- advocating on behalf of the whole community to improve mental health support
- promoting the network and its services in the Loddon Shire
- promoting the network and its model to other communities and organisations
- developing and nurturing partnerships with other relevant agencies and community groups
- demonstrating and nurturing partnerships with other relevant agencies and community groups
- demonstrating efficient and effective governance practices
- reducing stigma associated with mental health

Frequency of Meetings

The Loddon Healthy Minds Network will meet bi-monthly, commencing in February, on the third Thursday commencing at 10.00am.

The venue schedule for the next year will be set by all members at the last meeting of the calendar year, allowing flexibility for a change of venue as required. Network meetings will rotate between the five wards within the Loddon Shire and online, with the venue for the final meeting in November/December to be determined by the members at the October meeting.

There will be occasions where Council representatives have conflicting engagements; where this happens, the Committee can decide whether that meeting date is changed, or the meeting is cancelled.

Chairperson

Each year at the Statutory Meeting of Council a Councilor will be nominated as Chair of the Loddon Healthy Minds Network

Representatives

Membership of the committee includes:

- Bendigo Health
- Boort District Health
- Inglewood & Districts Health Service
- Loddon Shire Council
- Northern District Community Health
- Bendigo headspace
- Lifeline
- HALT
- Standby Wellways
- Murray Primary Health Network
- SalvoCare
- Anglicare
- Royal Flying Doctors Mental Health Services
- North Central LLEN
- Womens Health Loddon Mallee
- Loddon Campaspe Multicultural Services
- STRIDE
- Dingee Bush Nursing
- Loddon Healthy Minds Network Community Representatives
- Other agency representatives with an interest in mental health and wellbeing

Communications

All external communication on behalf of the Loddon Healthy Minds Network is coordinated/approved by the Director Community Wellbeing.

Reimbursement of costs

Volunteer community network members are eligible for reimbursement for travel to attend Network meetings and will be reimbursed at the current Loddon Shire Council rate per kilometer.

